



~ Lesson #12 ~

The Lord's Day

Several years ago a Christian worker, making his way from home to home, encouraging others to study the Bible, stopped to talk to a man working in his yard. When the Christian invited the man to take a little time to become acquainted with the Bible, he was told, "I'm too busy to take time for Bible study." To further emphasize how busy he was, the man said, "Why I am so busy that I don't even have time to read the funny papers!"

Many people are too busy. Today it seems that many people are so busy that they are unable to do all of the things they should. Most people secretly wish they could give God more time. They would like to do this, but the question is —where to find it?

God understands the problems that face us today. He has made provision for us to have time for study, worship, and communion with Him. God knew that life would become more complex and that man would have a tendency to forget his Maker. Therefore God appointed a special time when man could set aside his many problems and renew his relationship with his heavenly Father.

A psychiatrist told a patient of his that What he needed was to learn how to relax completely. For a fee of \$25 a week the psychiatrist was teaching him to do this. He was to put every problem and worry out of his mind. The psychiatrist maintained that if every person would put away all perplexities for

one day a week and relax completely, there would be little need for mental institutions.

God has set aside such a day in which He wants us to renew our physical and spiritual strength. Let us learn about this day.

THE BIBLE SAYS

1. In the New Testament, what is Christ's special day for rest and worship called? Revelation 1:10

The Bible Says: _____

2. Of which day did Jesus say He is Lord? Matthew 12:8

The Bible Says: _____

Note: The Lord says that this is His holy day. Isaiah 58:13.

3. Which day is the Sabbath of God? Exodus 20:8-11

The Bible Says: _____

4. Which day of the week is the seventh day?

The Dictionary Says: "Saturday. . . the seventh or last day of the week." —The Desk Standard Dictionary, Funk and Wagnalls.

| JANUARY | | | | | | |
|---------|---|----|----|----|----|----|
| S | M | T | W | T | F | S |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |

5. When was Sabbath created, blessed, and set aside as holy? Genesis 2:1-3

The Bible Says: _____

Note: From [Colossians 1:16](#) and [John 1:1](#) we learn that it was Jesus who was the active agent of creation. It was He, therefore, who rested on the Sabbath and blessed and sanctified it.

***6. For whom did God make the Sabbath a memorial of His creative power?
[Mark 2:27, 28](#)***

The Bible Says: _____

7. How many of the earth's people were given the Sabbath as a memorial and a rest day? [Isaiah 56:1-7](#)

The Bible Says: "Mine house shall be called _____

_____." ([Verse 7](#))

***8. How did the Lord instruct His people to refrain from work on His day?
[Jeremiah 17:21, 22](#)***

The Bible Says: _____

***9. What example did Jesus give us regarding the seventh-day Sabbath?
[Luke 4:16](#)***

The Bible Says: _____

10. What did Jesus say that would indicate that the Sabbath would remain sacred after His resurrection? [Matthew 24:20](#)

The Bible Says: _____

Note: This statement was made by Christ in a prophecy concerning the destruction of the city of Jerusalem which took place in A.D. 70.

***11. How did Christ's followers honor His holy day after the crucifixion?
Luke 23:56***

The Bible Says: _____

12. When did the Gentiles request that the truth of Christ should be preached to them by Paul? Acts 13:42-44

The Bible Says: _____

***13. Like his Master, what did Paul do on the Sabbath day? Acts 17:2;
Acts 18:4, 11***

The Bible Says: _____

***14. On what day will all flesh worship God in the new earth?
Isaiah 66:22, 23***

The Bible Says: _____

15. How does God ask His people to keep the Sabbath? Isaiah 58:13, 14

The Bible Says: _____

16. How do we express our love to God? I John 5:1-3

The Bible Says: _____

***17. Whose example will the Christian follow in choosing a day of worship?
1 John 2:6***

The Bible Says: _____

Several times in the Bible God states that the act that sets Him apart as the true God is His creative power. It was He who created the world. This earth did not come into existence by chance, cosmic explosion, or evolutionary process. The Bible teaches us that God, in His wisdom, planned this world and by His creative power brought it into existence.

The Sabbath was made as God's memorial of creation. It was also to be an oasis for man's soul in which he could find rest and restoration through communion with his Maker. The relationship of creature to Creator is the true basis for all worship. Since this relationship can never be changed, throughout eternity all creation will worship God on His Sabbath day.

Never has man so much needed a time to remember God and His work of creation as today. Never has man so much needed a time to rest and completely put out of his mind the cares of this life. Only by following our Lord's example and devoting his time as God instructed will man be able to find the blessing that God has promised to those who honor Him as the Creator. Jesus urged us to follow in His footsteps—to follow His example.

If it is your decision to follow Jesus by observing the Bible Sabbath, check in the squares below:

It is my desire to honor my Lord as Creator and Redeemer.

I am willing to follow in the footsteps of my Lord.

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